



Understanding Mental Illness & Substance Use Forum

In Collaboration with SA Country Carers

Mental Illness and Substance Use Disorders very commonly co-exist, and people with a diagnosis of mental illness are highly vulnerable to developing a substance use disorder.

In this forum we will look at

- the impact of mental illness and substance use on both the person, their family and friends
- how heavy use may exacerbate an existing diagnosis, or contribute to the onset of a first episode.

You will have a unique opportunity to hear the 'Lived Experience' perspective from a Skylight Recovery Advocate who through their own experience will provide a basis for understanding this complex, and mostly misunderstood diagnosis.

Bookings essential.

For more information or to register please email paulas@skylight.org.au, or call us on 8378 4100.

Clare Valley Forum

Monday

4th December
2017

Wakefield Regional
Council

Phil Barry Chambers
Scotland Place
Balaklava

11:00am - 12:30pm

Light lunch provided
after forum



SEE MENTAL HEALTH DIFFERENTLY



SA Country Carers
Support. Compassion. Connection.

www.skylight.org.au

Formerly known as MIFSA
Registered NDIS Provider - 4050000723